

UNIFORM AND SPARRING GEAR SIZE CHARTS

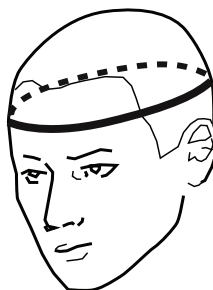
UNIFORM SIZING

This sizing chart refers to all uniforms in this catalog, unless specifically noted otherwise

TRADITIONAL UNIFORM & BELT SIZE	CLOTHING SIZE	HEIGHT	WEIGHT	INSEAM	
CHILDREN SIZES	000	Child 2-4	3'-3'5"	30-40 lbs	15"-18"
	00	Child 4-6	3'5"-3'10"	40-55 lbs	17"-18"
	0	Child 6-8	3'10"-4'3"	55-70 lbs	20"-21"
	1	Child 8-10	4'3"-4'8"	70-90 lbs	22"-23"
	2	Child 10-12	4'8"-5'1"	90-110 lbs	24"-25"
ADULT SIZES	3	Small	5'1"-5'6"	110-140 lbs	26"-28"
	4	Medium	5'6"-5'11"	140-170 lbs	28"-29"
	5	Large	5'11"-6'2"	170-200 lbs	29"-30"
	6	X-Large	6'2"-6'8"	200-230 lbs	30"-32"
	7	XX-Large	6'5"-6'8"	230-260 lbs	32"-34"
	8	XXX-Large	6'8"-6'11"	260-290 lbs	33"-35"
	9	XXXX-Large	6'11"-7'1"	290-320 lbs	34"-36"

SPARRING GEAR SIZING

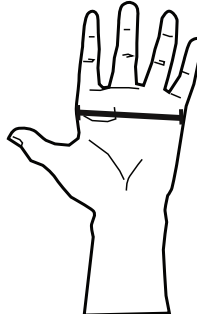
MEASUREMENT AROUND LARGEST PART OF HEAD



Sparring Headgear Sizing Guide

SIZE	HEAD CIRCUMFERENCE	HAT SIZE
CHILD	UNDER 20"	6 OR LESS
YOUTH	20" - 21"	6 TO 6-1/4
SMALL	21" - 22"	6-1/4 TO 7
MEDIUM/LARGE	22" - 23"	7 TO 7-1/2
XLARGE	23" - 24"	7-1/2 TO 8

MEASUREMENT ACROSS PALM OF HAND



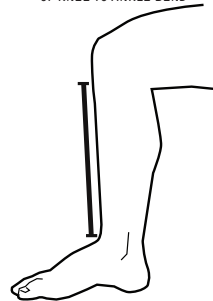
Sparring Glove Sizing Guide

SIZE	KNUCKLE WIDTH
CHILD	UNDER 2-7/8"
YOUTH	2-7/8" TO 3-1/8"
SMALL	3-1/8" TO 3-3/8"
MEDIUM/LARGE	3-3/8" TO 3-5/8"
XLARGE	OVER 3-5/8"

#04981 Ironman™ Uniform

SIZE	FITS INSEAM RANGE	HIP/WAIST MEASUREMENT	UNIFORM CHEST
2	23" - 25"	37"	46"
3	26" - 28"	38"	50"
4	29" - 31"	39.5"	52"
5	31" - 33"	42"	56"
6	33" - 35"	45"	60"
7	34" - 36"	48"	62"

MEASUREMENT FROM BOTTOM OF KNEE TO ANKLE BEND



Shin Guard Sizing Guide

SIZE	SHIN LENGTH
CHILD	9" - 10"
YOUTH	10" - 11"
SMALL	11" - 12"
MEDIUM/LARGE	12" - 13"
XLARGE	LONGER THAN 13"

#0251 Kung Fu Jacket

SIZE	CHEST	SIZE	CHEST
0	34"	4	46"
1	36"	5	48.5"
2	40"	6	55"
3	44"		

MEASUREMENT FROM TIP OF TOE TO HEEL



Sparring Boot Sizing Guide

SIZE	FOOT LENGTH
1/2	7-5/8" TO 8"
3/4	8-1/8" TO 8-5/8"
5/6	8-3/4" TO 9-1/4"
7/8	9-1/2" TO 10"
9/10	10-1/8" TO 10-5/8"
11/12	10-3/4" TO 11-1/2"
13/14	11-1/2 TO 12"